

# Medication Adherence for Hypertension Stars Improvement Program



## Why myMTMcare?

Our personalized approach to remote care and outreach can improve medication adherence rates and your Star Ratings. Our clinical pharmacists, are trained to identify treatment barriers that can lead to noncompliance. By leveraging the clinical depth and expertise of myMTMcare pharmacists we can improve adherence rates overall for your population.

Our expert pharmacists will establish themselves as a caring member of the patient's healthcare team and address these issues in a way that is individualized for each patient.

Additionally, the pharmacist will contact the pharmacy and/or prescriber, where appropriate, to facilitate the on-time refills of the target medication.

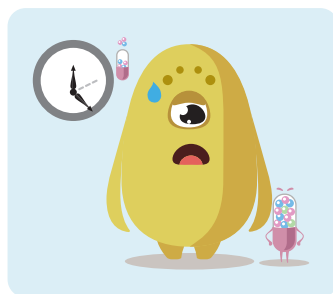
**Our specially trained pharmacists conduct quarterly adherence check-ins utilizing compassionate motivational interviewing techniques..**

Our approach to improved continuity of care builds relationships and trust between patients and pharmacists. By working intimately with each individual patient, we will get to the core of the issue.

## Barriers to adherence often include...



**HIGH COST**



**SIDE EFFECT MANAGEMENT**



**COMPLICATED DOSING REGIMENS**



**MISUNDERSTANDING DIRECTIONS & HEALTH LITERACY**

Our expert pharmacists will establish themselves as a caring member of the patient's healthcare team and address these issues in a way that is manageable for each individual patient. Additionally, the pharmacist will contact the pharmacy and/or prescriber, where appropriate, to facilitate the on-time refills of the target medication.

**mymtmcare**

Call us toll free at (866) 216-2819 or email us at [info@mymtmcare.com](mailto:info@mymtmcare.com)