# **Diabetes Mellitus Stars Improvement Program**

# **Clinically Customized Remote Care**

Let our pharmacists be your telehealth support team. Go beyond the CMR with your Diabetes patients.



#### What is it?

Our Diabetes SIP includes quarterly one-on-one calls for your members with our specially-trained pharmacists.

During the initial visit, we engage patients in a focused conversation that increases health literacy and improves diabetic self-car. Quarterly follow-up consultations reinforce initial learnings, monitor progress, and keep your patients on track with their adherence goals.

### We Have it Covered!

Our team has a proven track record for providing SIP services for special populations.

#### Our SIP programs:

- · Connect patients with knowledgeable pharmacists
- Address barriers to medication adherence and adverse drug reactions
- · Simplify medication regimens
- · Provide education on the use of adherence aids
- Get results with our genuine approach to patient care

#### Clinical Consults include:

- · Medication counseling
- Statin use (Part D)
- · Emerging therapies
- Recommendations surrounding eye exams (Part C)
- · Annual foot exams
- · A1C monitoring (Part C)
- Lifestyle modifications
- Best ways to handle hypo- and hyperglycemia
- Communication with primary care provider
- · Smoking cessation support

## What are the results?



Nearly 47% of our pharmacists' prescriber recommendations are accepted.



88% of patients said they would recommend MTM services to a friend or relative.



95% of patients said they felt cared for by our pharmacists.



**Every patient surveyed** said that myMTMcare solved their medication problems.